

PACIFIC LAND ENTERPRISES

WHAT'S UP?

Child Nutrition Services



This month we showcase a long term tenant that touches our lives and those of our school age children in a special way every school day. Grass Valley School District's Child Nutrition Services is located in one of our light industrial buildings off of Sutton Way.

Grass Valley School District's Child Nutrition Services operates a central kitchen providing meals to K-8 districts and several preschools within Nevada County. They provide breakfast, lunch and snacks, serving over 2500 meals a day. They service their many locations throughout the district with a fleet of trucks that are stored onsite at our building.

GVSD Child Nutrition Services serve foods that meet the nutritional guidelines set forth by the USDA and appeal to the taste preferences of students, while providing nutritionally balanced, low cost or free meals.

GVSD Child Nutrition Services has been serving students since 1977 and has 18 employees. The building they are located in has a diverse tenant mix including a solar firm, yoga studio, a Western trim and jewelry manufacturer and a powder coating business. I will be showcasing these and other business throughout the next several months.

FREE Gas!

Remember we will give a **\$500 as card** for any referrals that become tenants in any of our buildings. It's easy to pass a lead to us, just e-mail **Jeff Johnson** at Jeff@PacificLandEnterprises.com or give him a call at 530-273-9262.

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August 2010




Grilled Shrimp with Melon and Pineapple Salsa

1 pound (16-20 per pound) raw shrimp, peeled and deveined
2 tablespoons canola oil, divided
2 teaspoons finely grated fresh ginger, divided
2 teaspoons minced seeded jalapeño, divided
2 cups finely diced firm ripe melon
1 cups finely diced fresh pineapple
1/4 cup finely diced red bell pepper
1/4 cup finely diced green bell pepper
1/4 cup finely diced red onion
3 tablespoons rice vinegar
2 tablespoons finely chopped fresh mint, plus 4 sprigs for garnish
1/2 teaspoons kosher salt
4 large lettuce leaves, such as Boston, romaine, or iceberg
4 lime wedges
Combine shrimp, 1 tablespoon oil, 1 teaspoon ginger, and 1 teaspoon jalapeño in a medium bowl. Cover and refrigerate for 4 hours or up to 24 hours.
Combine melon, pineapple, red and green bell pepper, onion, vinegar, chopped mint, and salt in a large bowl with the remaining


1 tablespoon oil, 1 teaspoon ginger, and 1 teaspoon jalapeño. Refrigerate until cold, about 30 minutes or up to 4 hours.
About 20 minutes before serving, preheat grill to high.
Thread the shrimp onto skewers, piercing each twice, once through the tail end and once near the head end. Grill the shrimp until pink and just cooked through, 2 to 3 minutes per side. When cool enough to handle, slide the shrimp off the skewers.
To serve, arrange one large lettuce leaf on each dinner plate. Spoon salsa onto the lettuce and top with shrimp. Garnish each serving with a lime wedge and a mint sprig, if using.

501 Crown Point Circle
 Whispering Pines Business Park
 Build-to-Suite - 40,000+/- sq. ft.
 5 Acre Vacant Lot




128 East Main Street
 Retail/Office

Unit	Sq.Ft.	Rent
	2,240	\$1.30
NNN		Divisible




443 Crown Point Circle
 Office/Warehouse

Unit	Sq.Ft.	Rent
	15,000	\$1.20
NNN		Divisible




1415 Whispering Pines Ln.
 Office/Warehouse

Unit	Sq.Ft.	Rent
#150	8,000	\$1.30
NNN		Divisible




280 Sierra College Dr.
 Medical Office
 New Building

Unit	Sq.Ft.	Rent
	6,789	\$1.75
NNN		Divisible
Suites for Sale or Lease		
	\$45/SF Allowance	




300 Sierra College Dr.
 Medical Office

Unit	Sq.Ft.	Rent	Price
#265	2,560	\$1.75	
#270	2,616	\$1.75	\$800,000
#250	1,740	\$1.65	\$485,000
NNN			
Sales			




350 Crown Point Circle
 Office

Unit	Sq.Ft.	Rent
#150	1,458	\$1.20
#125	1,167	\$1.25
#135	1,612	\$1.25
#215	378	\$1.25
#225	1,198	\$1.25
NNN		



333 Crown Point Circle
 Office

Unit	Sq.Ft.	Rent
#220	936	\$1.20
#225	1,019	\$1.32
#110	4,400	\$1.35
NNN		



AVAILABLE PROPERTIES



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We're on the Web!

www.PacificLandEnterprises.com